

# TOAST THE DAY:

## *A 30-Day Prayer Journey*

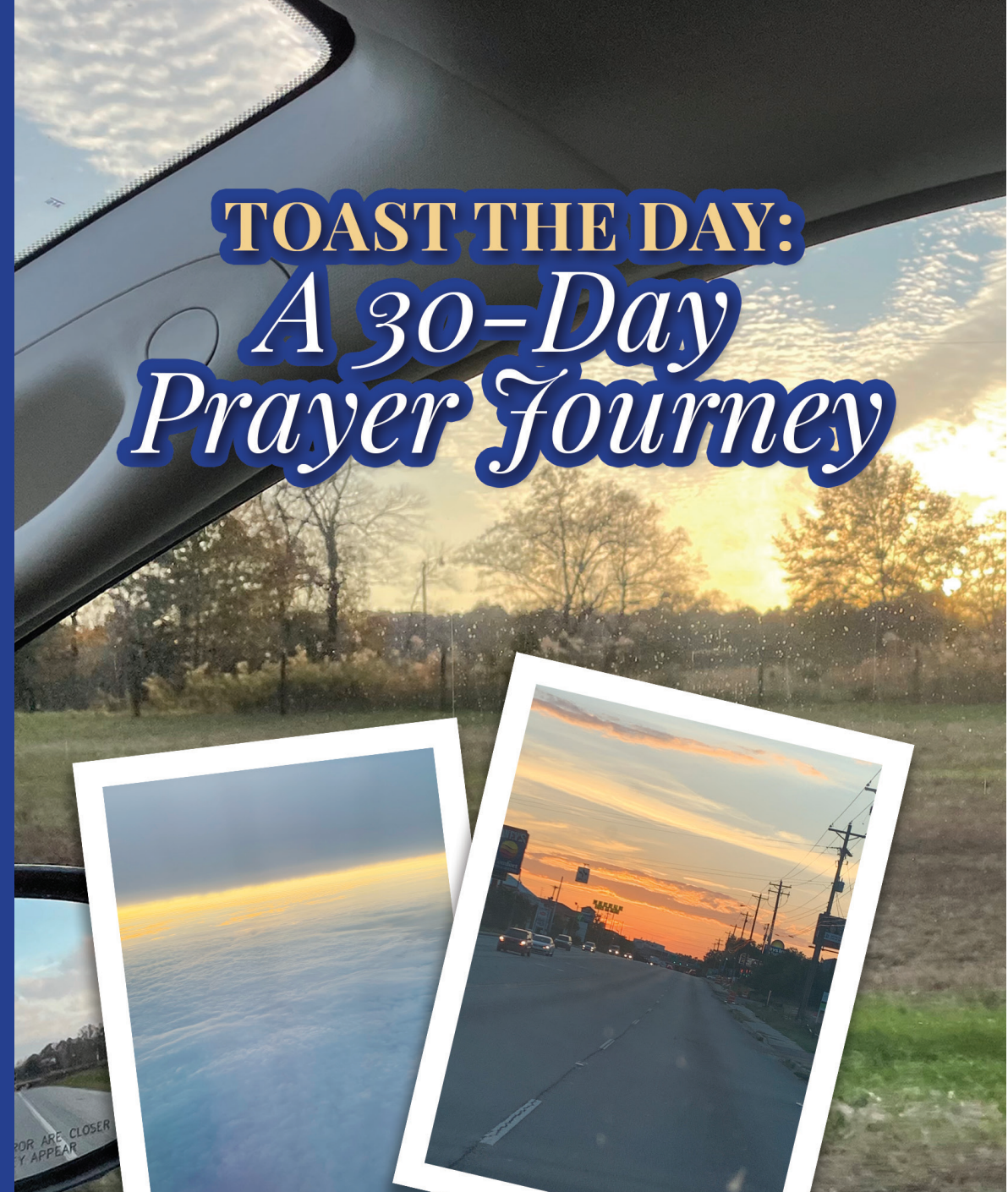


The Reverend Merianna Harrelson is a Spiritual Director and Pastor of Garden of Grace United Church of Christ in Columbia, SC where she lives with her husband, Sam, their four children and two dogs.

Merianna is the author of *Morning Light: A 30-Day Devotion Journey*. She has also been published in *Weird Parenting Wins*, *A Hub City Christmas*, and *Review and Expositor*. Her writing has been featured on EthicsDaily, Good Faith Media, Baptist News Global, Baptist Women in Ministry, Motherhood and Ministry, Cooperative Baptist Fellowship. You can find more of her reflections at **Merianna.net**.

Merianna is always looking for a good cup of coffee, a good book and good conversation. Follow her on Instagram @revmeriannaharrelson and on Twitter @RevMerianna.

*May the God of light and love surround you and envelope you. Reminding you - You are beloved. You are not alone.*



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Reverend  
**MERIANNA HARRELSON**